

St. Charles
Athletic Club
Sports
Handbook

Mission Statement:

The athletic program of St. Charles Parish strives to develop a Christian athlete who places God ahead of individual or team victories and who strives to play to the best of their ability while exemplifying the qualities of good sportsmanship and fair play.

Objectives

The student athlete will:

1. Develop spiritually by learning to place God at the forefront of their athletic endeavors.
2. Develop physically by learning sports skills, improving physical conditioning, developing good health habits, and learning to avoid injury.
3. Develop psychologically by learning self-discipline and responsibility and by developing a feeling of self worth.
4. Develop socially by learning an appropriate standard of behavior (sportsmanship) by learning to cooperate with others and to develop a possessive feeling of team spirit, and by learning the effects of competition by playing to the best of their ability.
5. Understand the philosophy and concept of a "team" at both the instructional and the competitive levels of play.

General Philosophies:

1. The Athletic Program is supported through St. Charles' Parish and the St. Charles Athletic Club.
2. All sports at St. Charles' Parish will follow all local and regional CYO rules and regulations.
3. Every student of St. Charles Parish, grades 5th through 8th, who is interested in a playing a sport will be placed on the appropriate team provided he/she meets all parish, academic, physical and conduct requirements / standards.
4. "A" teams will be comprised of primarily 7th and 8th graders. The objective of "A" teams is to advance the student-athlete's potential, skill level, sportsmanship and understanding of teamwork while playing at a more competitive level. In the course of play, players will be rotated into a game whenever the opportunity arises based on the coach's discretion.
5. "B" teams will be comprised of primarily 5th and 6th graders. The objective of "B" teams is to give every student the opportunity to develop his/her athletic potential through competitive practice and game time experience. Every player will play in every game, regardless if it is a regular season game or a tournament game. The amount of playing time is up to the coach. At this level, each student-athlete will learn the basics of sportsmanship, teamwork, respect, physical fitness, self-discipline as well as the fundamentals of the sport.
6. Student-athletes may be moved from a lower level (i.e. 4th or 6th graders) to a higher level of team play as team rosters may require. This will be at the Athletic Directors discretion and will not be done unless necessary to fill the minimum number of players required for a higher level team of a given sport.
7. Coaches are not responsible for team transportation to or from any sporting event - practice, scrimmage or game. It is the responsibility of the parents to provide all transportation of their children to and from each sporting event.

8. An Athletic Club approved coach (18 or older) must be present at all sporting events - including all practices. This is to ensure proper supervision of all student-athletes and to respond appropriately in case of an injury or other emergency.
9. Any athlete who quits a team for any reason will not be allowed to play on that team for the remainder of that season. The student also may be ineligible for future sports at the discretion of the Athletic Director.

Membership:

Membership is open to all parents who pay the annual dues for their child's participation in any St. Charles sport. Some aspect of Athletic Club participation is expected from any family whose child participates in any of St. Charles' athletic programs.

- St. Charles Parish members - \$30 per child per sport
- Non-parish members - \$35 per child per sport

Sport Eligibility Requirements:

Parish Requirements (must be one of the following):

1. A current student in good standing of St. Charles School (Void of any suspension, or other academic/athletic restriction)
2. A current student of the St. Charles Religious Education Program who has at least one parent as a registered, contributing & participating member of St. Charles Parish.
3. A student of another Monroe County Vicariate Parish (or of a non-Catholic parish which is participating in the Monroe County CYO program) who has at least one parent as a registered, contributing and participating member of that parish and;
 - the sport the student wishes to play is not offered at their registered parish and;
 - a letter of release from the family's parish priest is received allowing the student to play at St. Charles.
4. A student that wishes to play sports for the CYO and the director of the CYO approves his/her playing based on viability for the league.

Academic Requirements (must meet all of the following):

1. Maintain at least a 75% average in all 7 major subject areas of Math, Religion, Science, Social Studies, Reading, Spelling and English.
2. Maintain a passing grade in music, gym and art.
3. Maintain satisfactory marks in conduct and effort in all classes. Any student receiving 4 detentions during 1 marking period will not participate in the sports program for a minimum of 1 week. Disciplinary action for additional detentions will be at the discretion of the Pastor, Principal and the Athletic Director.
4. Must be a student in good standing. Any student suspended from St. Charles or any other school is automatically suspended from all CYO participation for the duration of the school's suspension. A student's eligibility will then be determined by the Pastor, Principal and the Athletic Director.
5. When a student becomes ineligible due to an academic reason, the student will not participate in the sport program until that student has attained a minimum average of 75% in all major subject areas as confirmed by the student's teachers.

6. During the time of ineligibility, regardless of the reason, a student will be excluded from all practices and games.

Physical Requirements:

1. Satisfactorily complete a sports physical exam by a licensed Michigan physician. An approved physical exam form must be completed and signed by the physician authoring the student's participation in the sport(s).

Other Requirements:

1. Paid Athletic Club dues for the current academic year.
2. Signatures of the student and at least one parent on the "St. Charles Athletic Club Agreement" form.
3. CYO eligibility for 2 sport athletes are to be decided by the CYO Director based on the situation for viability of the league.
4. Any student-athlete who completes one practice with a St. Charles team and then leaves the team to play any sport for another school/organization, will be ineligible to play the sport he/she left at St. Charles for the next 2 years.
5. Students are to dress appropriately for all sports activities including games and practices, i.e. no spandex shorts, no sleeveless shirts on girls, no inappropriate wording or graphics on any clothing, etc.

Student Expectations:

1. Maintain all scholastic requirements.
2. Display conduct exemplary of the team, school and league which they represent. Conduct must demonstrate self-control, self-respect, respect for others, and sportsmanship. This includes proper respect for and communication with all: coaches, parents, officials, teammates and opponents. This includes actions both on home and opponents' campuses. The student must maintain a Christian attitude on and off the court/field.
3. Refrain from any and all rude/vulgar gestures, words or phrases.
4. Refrain from any inappropriate rough play or fighting
5. Wear appropriate school approved attire at all practices and designated team uniform at all games.
6. Proper care and return of all equipment & uniforms issued to him/her. Also, proper respect and care for school (St. Charles and any opponent's school) property and equipment is expected.
7. Be present at all scheduled practices and games unless previously excused with a signed note from the student's parent.
8. Follow directions of coaches without argument or disrespect.
9. Arrive on-time to all scheduled practices and games.
10. Be present at all school activities and functions in order to play in the sport on any given day. Absence from school or related activities makes the student ineligible to participate in the sport on that day (unless otherwise approved by the Athletic Director).

11. Excessive tardiness or absenteeism from school will result in disciplinary action in the sport.
12. Use of alcohol, tobacco or inappropriate drugs will result in immediate dismissal from the team.
13. Follow all school rules and regulations

Parent Expectations:

1. Display conduct exemplary of the team, school and league which they represent at all times. Conduct must demonstrate self-control, self-respect, respect for others and sportsmanship. This includes proper respect for and communication with all coaches, parents, officials, athletes and opponents. This includes actions both on home and opponents' campuses. The parents must maintain a Christian attitude on and off the court/field.
2. Refrain from any and all rude/vulgar gestures, words or phrases.
3. Ensure that athletes arrive on-time to all scheduled practices and games.
4. Provide transportation to and from all practices, games and other related team events. Coaches are not responsible for transportation of any athlete.
5. Participate in Athletic Club functions, i.e. work at the concession stand and/or assist with stats, clock or score keeping at least once during the season.
6. Participate in Athletic Club fund raisers for the purpose of maintaining the athletic programs at St. Charles Parish.
7. Provide a signed, written note in advance notifying the coach of any practice or game schedule conflicts.
8. Discuss all player, team or coaching concerns with the coach at a prearranged time and place.

Coach Expectations:

1. Display conduct exemplary of the team, school and league which they represent at all times. Conduct must demonstrate self-control, self-respect, respect for others and sportsmanship. This includes proper respect for and communication with all: coaches, parents, officials, athletes and opponents. This includes actions both on home and opponents' campuses. The parents must maintain a Christian attitude on and off the court/field.
2. Refrain from any and all rude/vulgar gestures, words or phrases.
3. Use of any form of tobacco or alcohol products near student-athletes will not be tolerated.
4. Ensure that all practices and games are properly supervised.
5. Ensure that safety is maintained at all times with any sports related activity.
6. Provide all players with fair, adequate and appropriate playing time (based on "A" or "B" level philosophies as described above) in both practices and games.
7. Meet with the Athletic Director and the Athletic Club prior to the start of the sport season to discuss duties, responsibilities and expectations.
8. Arrive early to all sports functions and remain until all athletes have been provided appropriate transportation home.

9. Provide a written team roster to all athletes and their parents. This must include names and phone numbers of all of the team's coaches.
10. Provide a written practice and game schedule at the beginning of the sports season or at the earliest time available.
11. Grabbing, pushing, striking or in any other way making disrespectful physical contact with any athlete will not be tolerated.
12. Encourage competitive play while teaching good sportsmanship and discipline. At the same time, coaches should teach the importance of "fair play" and "teamwork" over the "win at all cost" attitude.
13. Teach all players the basic skills required to play the sport.
14. Understand and abide by all league rules and regulations.
15. Distribute and collect all uniforms and sports equipment. The coach is also responsible for setting up and properly putting away all sports equipment, locking all doors and turning off all lights before and after each game or practice.
16. The winning coach will turn in score sheets to the CYO office within 24 hours after each game.

Disciplinary Measures:

When a student does not follow the expectations outlined above and disciplinary action is required, the following steps will be taken:

1. Reprimand / warning
2. Probation (the student may participate in practices and games while making an effort to improve grades &/or behavior)
3. Loss of playing time (all or part of next scheduled game)
4. Suspension (the student may not practice or participate in the sport in any way until remediation of the problem has been met with satisfaction by the coach, Athletic Director, Pastor and Principal)
5. Dismissal from team (the student will be removed permanently from the team)

Disciplinary measures 3 - 5 must be made in coordination with the Athletic Director, Pastor and/or Principal. The Pastor has the final word on all disciplinary actions. Length of disciplinary action will be determined by the severity of the action and attempts at remediation. There will be no refund of membership fees when a student is dismissed for disciplinary reasons.

Per St. Charles School Rules & Regulations: Entering / opening a defibrillator cabinet or in any way altering it OR initiation of a false alarm or bomb threat, warrant very strong disciplinary measures which may include temporary suspension or permanent expulsion from school and all athletic activities.

Monroe County CYO Sportsmanship Disciplinary Policy:

Sportsmanship, a fundamental part of Christian ethics and morals, is expected at all levels of competition in the Monroe County Catholic Youth Organization. Acts of unsportsmanlike conduct toward anyone in the program will not be tolerated and will be dealt with harshly. To deter unsportsmanlike behavior the league director, when deemed necessary, will enforce the following disciplinary program. This policy will be strictly enforced for all cases of ejection

from a game or facility by anyone in attendance including, but not limited to, players, coaches, parents or spectators. This policy will apply before, during and/or after any event.

1. 1st Offense: Person(s) involved will not be in attendance at the next scheduled contest of their respective team.
2. 2nd Offense: Person(s) involved in a second offense shall be suspended from further participation, and attendance, in any Monroe County Catholic Youth Organization event for a period of one calendar year from the date of the 2nd offense.
3. 3rd Offense: Person(s) involved in their third offense shall be banned for life from any participation, and attendance, in any Monroe County Catholic Youth Organization event. At the time the league director is notified of the unsportsmanlike event, the actions will be verified by the schools involved and documented. A letter will then be sent informing the athletic director of the offending parish of the incident, individual(s) involved and the appropriate disciplinary action to be enforced. It is the offending parish's responsibility to see that the penalties are enforced. All disciplinary decisions by the League Director are final.

Parental Concerns:

Parents should address all disputes, concerns, questions, issues and comments in the following order:

1. Coach(es)
2. Athletic Director
3. Athletic Club President
4. Athletic Club Board
5. CYO Director

If a satisfactory resolution or answer is not obtained at one level, the parent(s) may then proceed to the next level. A time and place for discussion must be prearranged. Do not confront a coach before, after or during a game or practice.

St. Charles Athletic Club Agreement

I understand the above outlined responsibilities and agree to follow all CYO and St. Charles Athletic Program rules, regulations and expectations.

Player's Signature

Date

Parent's Signature

Date

Coach's Signature

Date